



Missouri Veterans Commission
Presents the 2nd Annual
Trekking For The Troops

Saturday, October 29 – 9:00 AM

(Registration begins at 8:00 AM)

Katy Trail North Jefferson City Pavilion

Rain or Shine – Finish Line Not Timed



Trekking For The Troops is a family 5K/10K walk, run or bike event on the Katy Trail. Participants can invite family members and friends to contribute donations for their participation so they can compete for prizes to be awarded the day of the event. Registration fees and any additional donations collected by participants will go to the **Missouri Military Family Relief Fund (a state fund)** which assists deployed Guard and Reserve families.

Participant's Name: _____

Address: _____

Telephone: _____

Email: _____

Age: _____ Veteran: _____ T-Shirt Size: _____
Y/N M, L, XL

In honor/memory of: _____

Veteran of the participant's choice

Registration Fee: \$25.00 (12 and Under free with paid parents/guardian) Paid registration includes t-shirt)

Prize Categories: Most Dollars Raised; Oldest & Youngest Male & Female Paid Participant; Furthest Distance Traveled To Participate; Oldest & Youngest Paid Male & Female Veteran

Ceremony at 10:30 AM

Please make checks payable to the Missouri Military Family Relief Fund and mail payment and registration form no later than October 24, 2005 to the address listed below:

Missouri Veterans Commission
P.O. Drawer 147
Jefferson City, MO 65102

For more information regarding this event, please contact Pat Kerr at pat.kerr@mvc.dps.mo.gov or by calling 573-522-4220

Waiver of Liability and Consent for Medical Treatment: In consideration of my entry into the competition known as Trekking for the Troops, I, intending to be legally bound, do hereby for myself, executors, and administrators waive, release and forever discharge any and all rights and claims for damages, including any claims for loss, damages or injury to my person or property arising out of my performance or failure of performance, from the State of Missouri, the Missouri Veterans Commission, the Missouri Military Family Relief Fund, the owner of the site of any event I may be participating in, their agents, representatives, successors, and assigns or the organizers of the event.

Participant's Signature

Parent or Guardian's Signature (if under 18)

Emergency Contact

Telephone Number